

# Saving Electricity

## But how?

March, 2011

### ■ Energy-efficient bulbs...our contribution

Energy-efficient bulbs last approximately ten times as long as ordinary light bulbs and need only a fifth of the electricity to produce the same amount of light. In future we will replace failed light bulbs with energy-efficient ones.

### ■ Stand-by switches...

...on televisions, stereos and computers run up unnecessarily high bills. Switch them off at the wall at night!

### ■ Fridge use

Don't use the fridge as a "storage facility". Only keep food in the fridge if it really needs cooling. Don't put any hot or warm foods or drinks in the fridge. This causes ice to build up and increases the amount of energy needed.

### ■ Water heaters...

...should be regularly descaled! You will save energy and increase the lifespan of the equipment.

### ■ Open your eyes – be energy-wise!

When purchasing new appliances pay attention to the energy efficiency rating!  
You can get useful information in advance from [www.energiesparende-geraete.de](http://www.energiesparende-geraete.de).

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# Did you know?

Pedalling for 10 hours on an exercise bike produces one kilowatt hour.  
That's enough to...

- ...watch TV for 7 hours
- ...listen to music for 40 hours
- ...iron 15 shirts
- ...light an energy-saving bulb for 90 hours
- ...light an ordinary 60 watt bulb for 17 hours
- ...make 70 cups of coffee
- ...wash a load in the washing machine
- ...bake a cake
- ...use a fridge for one day
- ...cook dinner for 4 people

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